

RESEARCHING AND DEVELOPING LEARNING PROCESSES OF ARGENTINE TANGO DANCING BASED ON CONTEMPLATIVE EDUCATION

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ABSTRACT

This research aims to study and develop the learning processes of Argentine Tango dancing based on contemplative education ~~and~~ via the research and development methodology. There are nine participants.

Based on the literature review, this study determines the four main learning objectives: 1) deep listening, 2) self-awareness, 3) open-mindedness, and 4) real-life adaptability. ~~The result~~ From the formulated learning process, ~~it is~~ found that all the learner participants responded satisfactorily to these four objectives. Upon revision of the teaching methods for further improvement, these are procedures that can potentially enhance and fulfil the learning experience: 1) consistently and sufficiently determine the learning outcomes for every lesson; 2) add learning approaches to motivate learners to adapt the lesson to their everyday lives; 3) adjust the time duration per lesson; ~~and~~ 4) adjust the number of learners per class. Most importantly, the teacher has to constantly practice and mindfully combine the dancing experience with relevant knowledge of contemplative education so that he/she can apply it as part of his/her living.

KEY WORDS: ARGENTINE TANGO/ CONTEMPLATIVE EDUCATION/ DEEP LISTENING/ SELF-AWARENESS

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