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CAFÉ OF CONTEMPLATION: CAFÉ FOR CONTEMPLATIVE LEARNING

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M.A. (CONTEMPLATIVE EDUCATION)

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ABSTRACT

This research aims to study the compositions in café of Contemplation, a café that implements inner dimension learning process according to Contemplative Education into its business as well as study the inner dimension experiences of café's customers. This research focuses on the following essential aspects, namely physical environment and atmosphere of the café, activities in the café, and customers' inner learning experiences obtained from the café.

This is a qualitative research that employs a Case Study methodology by using researcher's observation and unstructured interviews with 4 café owners and 7 customers from two selected cafés, Fathom Book Space and Little Tree Café, which are implementing contemplative activities in the café.

The results show that there are 3 essences of learning café which has impacts on customers' inner learning. These essences are 1) inner qualities of café owners, 2) physical environment and atmosphere of café, and 3) activities in the café. Moreover, this research also finds that customers experienced inner transformation under the context of a café. Furthermore, the café has been creating a community for their inner learning. The customers experience the transformation in self-development, better relationships, connection to nature and surroundings. It can be clearly seen that these inner transformations are the transformations in accordance with Contemplative Education that enable ones to live a balanced life.

KEY WORDS: CONTEMPLATIVE EDUCATION/ CAFÉ OF CONTEMPLATION/ CONTEMPLATIVE LEARNING/LEARNING CAFÉ

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